



**Ski Team Sweden Speedski invites speedskiers to a speedski training camp at Idre Fjäll 13-15 December 2024.**

**Schedule:**

**Friday 13/12**

09.00 Racers meeting at the finish area  
09.15-11.30 Training "Specialen"  
11.30-13.00 Lunch break  
13.00-15.00 Training continues

**Saturday 14/12**

09.00 Racers meeting at the finish area  
09.15-11.30 Training "Specialen"  
11.30-13.00 Lunch break  
13.00-15.00 Training continues

**Sunday 15/12**

09.30 Racers meeting at the finish area  
10.00-12.30 Training "Specialen"  
12.30- Mandatory tear down

**Schedule is preliminary and small changes may occur**

**Accommodation/ski pass:** [www.idrefjall.se](http://www.idrefjall.se)

Specialen at Idre Fjäll is a black diamond track located in the northern part of the resort with easy access both with car and by skis. A 6 person chairlift right next to the track takes you to the top and makes training very efficient. We're expecting speeds up to 140 kph for the S1 racers.

**Questions:**

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**SVENSKA  
SPEL**